

Holistic Horse Fans Have Spoken: Farah DeJohnette Horsemanship to Customize Article and Live Video Demo on Liberty Fundamentals

North Brookfield, MA (March 4, 2016) Holistic Horse fans on Facebook have spoken and they want to learn more about Liberty Fundamentals from Farah DeJohnette Horsemanship, who will produce an exclusive real-time online FDHorsemanship Virtual Clinic about Liberty Training for Holistic Horse subscribers, in conjunction with an article on the same topic to appear in Holistic Horse magazine this summer.

As part of a unique social media campaign launched in February, Facebook pages for Holistic Horse and Farah DeJohnette Horsemanship hosted a survey offering horse people four voting choices in care and training topics they could read and see more about: Self Selection (*Zoopharmacology*), The Natural Outline, Liberty Fundamentals and Riding Bitless.

Liberty Fundamentals will look at creating a “training dance” with a horse, as a tool for developing balance, suppleness and tempo, building a sustainable Natural Outline, and as fun encouragement of a horse's own creativity and mental engagement. An excellent example of DeJohnette “dancing with horses” can be watched at <http://fdhorsemanship.com/why-liberty/>.

“A close second was The Natural Outline, looking at how a horse moves at Liberty and the exercises that can encourage them to find their posture and avoid problems with muscle memory, atrophy or asymmetry,” said the North Brookfield, MA-based while internationally-traveled clinician and creator of the *Farah DeJohnette Signature Bitless Bridle*, by Buckaroo Leather, for Western and English riding, or classical ground and in-hand work.

“I designed a soft, padded bridle with no heavy, jangling rings or big metal pieces. It molds to a horse's face,” says DeJohnette. Just as this print-to-virtual-clinic format will mold to its audience.

About Farah DeJohnette Horsemanship

In 2015, this 46 year-old daughter of jazz legend Jack DeJohnette (John Coltrane, Miles Davis) became a YouTube sensation when a video surfaced of an improvisational Liberty Dance performance that included Farah and her bay gelding Mercury (driving the syncopated rhythms from a rattle attached to his leg) and accompanied by the jazz improvisations of her father joining them, live, in the arena. Born in New York City and raised upstate in Woodstock, DeJohnette apprenticed at Williamsburg Farm, home to champion Olympic stallion Abdullah, before working for trainer Pat Jacobson, West Coast grand prix trainers Steve and Jenni Martin, and seven-time dressage and show jumping Olympian John Winnett, and has benefited from the guidance of FEI dressage competitors Virginia Leary and Bettina Drummond. She is strongly influenced by the masters of natural horsemanship and Linda ('T-Touch') Tellington and has orchestrated the launch of an extraordinary holistic boutique facility, Ohana Farm, in central Massachusetts, while maintaining clients and clinic appearances in the USA, United Kingdom, New Zealand and Australia.

Learn more about Farah DeJohnette at www.fdhorsemanship.com and about Holistic Horse at www.holistichorse.com.